

# The Telegraph

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## Knee Replacement and Heart Diseases TO DO OR NOT TO DO



**Dr. Santosh Kumar**  
Consultant Orthopaedic  
& Knee Replacement  
Surgeon

**K**nee replacement is needed in lots of senior age group people who not infrequently suffer from various cardiac ailments.

On one hand is the problem of loss of movement and other hand is the fear to do or not to do.

Now the question is whether it is safe to operate on people who have various cardiac ailments like Hy-

pertension, on Pacemakers, after By Pass Surgery.

We do and do it very carefully with hearty care of the heart.

We routinely do knee Replacement for people with hypertension, on people with Pacemakers, people after bye pass surgery.

We routinely do all props screening like ECG, Echocardiography, and our Pre operative medical team screens everything and does the preoperative planning.

Like we check the Pace makers, its battery and change the mode of the pacemaker during the surgery. Sometimes if there are problems in the ECG like bundle branch blocks, we put a temporary pacing or keep things ready.

There are certain blood thinning medicines taken

by people having recent angioplastics and these people, need to stop the blood thinning medicines few days before surgery.

We routinely keep all our patients after surgery to ICU for one day just for monitoring.

We routinely work as a team and all the members of the team right from the surgeon, the anesthetist, the cardiologist and the intensivists have a equal role to play.

Thus it is very much possible to do a successful and safe knee replacement in patients with heart diseases and team work is of paramount importance to restore the joy of movement because life is movement and movement is life.

*Ph.: 9831911584, Email : sandr@gmail.com, Web: www.mykneemylife.org*